

ANGELA ROWE SCHOOL OF DANCE

SUMMER HOLIDAY PROGRAMME 2024

FOR STUDENTS IN IPSWICH GRADES 1, 2, 3

ACTIVITY

Progressing Ballet Technique Intensive

This PBT intensive is made up of three fun sessions, where students learn exercises set to music of their choice that will support their dance progression. This is not just for Ballet dancers, it is designed for all styles and even sport enthusiasts, and they can keep doing these at home over the summer and during term time. [example video here](#) and [here](#),

Pilates and Yoga ball provided, but dancers may choose to bring their own for when they practice at home, but either way it is recommended you bring your own yoga mat.

Workshops

Each workshop takes inspiration from famous ballets, films and theatre, including stage production, where students will learn dances and create their own keepsake.

All activity is open to all, including those who may not be AR students, so do share this link with them so they can reserve their space and we'll send them our Workshop Registration form.

VENUE

All activity takes place at Alan Road Methodist Church, Alan Road, Ipswich, IP3 8EZ

Progressing Ballet Technique (PBT)

Wednesday 31 July, Thursday 01 August and Friday 02 August 2024

11:00 - 12:00

£30 fee (all 3 sessions)

Matilda Workshop

Wednesday 31 July 2024

13:00 - 15:30

£14 per person

Sleeping Beauty Workshop

Thursday 01 August 2024

13:00 - 15:30

£14 per person

Wish Workshop

Friday 02 August 2024

13:00 - 15:30

£14 per person

This workshop includes a parent sharing 15:15 - 15:30

BUNDLE OFFER: £66 per person for all PBT & Workshops, students say with us 11 – 15:30.

[Reserve your spaces here](#) and click 'Alan Road' to reserve your workshop in Ipswich.

PAYMENT / T&C's

All reservations will be sent an invoice from our database platform Membermeister for payment week commencing 20 May 2024 – installments available - please notify us before this date if you can no longer attend otherwise you will still be charged. Bookings are non-refundable unless cancelled by AR School of Dance.

